



How do we stay in touch with the deepest parts of ourselves? How do we know when our soul is engaged and expressing itself in our lives? Too often, we look outside ourselves for that which is our own essence. But our essence is always with us, waiting to be seen, reflected and expressed. In this seminar we will discover, creatively express and honor that which already is, and share in the riches our souls have to offer. We'll examine the multiple aspects of the imagination, and process issues such as blocks and other challenges we face as we dare to manifest our inner creations. Creativity is not just about making art—it's also about the art of living.

Through psychological and intuitive processes, meditation, and dreamwork, we'll enter into the realm of the unconscious and work with the patterns that keep us from our potential to engage life fully. This will be a small group, with an atmosphere of support for personal growth. There is time for rest and relaxation. All are welcome!

WHERE: River Highlands Ranch in the Sierra Foothills near Sacramento. The 600-acre ranch is beautiful in spring, with its rolling hills, oaks and pines, flowers, vineyards, and ponds blossoming with life. Being at the ranch is peaceful and energizing.

TIME: Wednesday, May 5, 5:30pm through Sunday, the 9th, at noon.

BRING: A notebook and pen or laptop, art pad and crayons, felt tips or oil pastels. Casual clothes. An open mind and a willingness to explore!

LODGING: Various room choices which you arrange with and pay directly to the ranch. Book by calling Jeanne at 916-704-5106 or emailing: events@riverhighlandsranch.com

FEE: \$825 payable at registration. Or, a non-refundable deposit of \$300 by December 10th and the balance of \$525 due by March 5th. All but \$300 is refundable up to March 5th. There are no refunds after that time unless we can fill your place. Includes tuition, snacks, all meals, and materials. Lodging is not included. Visa and Mastercard are accepted.

CONTACT: Star at Conger Seminars for information and registration at 310-453-0376. She will email you directions to the ranch and additional details.

CAROLYN CONGER, Ph.D., is a consultant and teacher who specializes in developing intuition, creativity, and psycho-spiritual awareness. She has lived with indigenous tribes throughout the world, studying their healing and metaphysical arts. From her research in psycho-immunology and human energy fields, she also teaches mind/body techniques for optimum health. Her doctorate is in clinical psychology.

CONGER SEMINARS

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