



As we move through our lives, we're called to engage in periods of significant personal transformation. In these troubled times, we must reach inside to find resources to deal with change—economic and employment stresses, relationship shifts, and conflicts about where and how we belong.

If we hold on to old patterns during these times, illness and depression can result. But the chaos we fear is powerful energy pointing us to renewal, vitality, and new ways of being.

Through psychological and intuitive processes, meditation, and dreamwork, we'll explore various techniques that will lead us to discover and unlock our hidden potential for deep transformation. Our group interaction is supportive, enhancing personal growth. There is time for rest and relaxation. All are welcome.

WHERE: Our workshop takes place at the Illinois Beach Resort, located on the coastline of Lake Michigan. The resort offers 4,100 acres of untouched nature in a protected state park setting, as well as a heated pool, hot tub, and fitness center.

BRING: A notebook and pen, art pad and crayons or oil pastels. An open mind and a willingness to explore!

FEE: \$775. This includes lodging of two people per room, meals, tuition, and materials. You may charge by Visa or Mastercard:

- A non-refundable deposit of \$300, by October 15th, 2009
- Balance of \$475 by December 1st
- Single room, add \$150, payable on registration
- If you must cancel after December 1st, no fees will be refunded unless we can fill your space.

CONTACT: For information or to reserve a space, contact Star at our office at 310-453-0376 between 9:30am and 1:00pm Pacific time on Mondays and Wednesdays. We pick up messages daily.

CONTINUING EDUCATION FOR SOCIAL WORKERS and NURSES is available. Check with our office.

CAROLYN CONGER, Ph.D., is a consultant and teacher who specializes in developing intuition, creativity, and psycho-spiritual awareness. She has lived with indigenous tribes throughout the world, studying their healing and metaphysical arts. From her research in psycho-immunology and human energy fields, she also teaches mind/body techniques for optimum health. Her doctorate is in clinical psychology.

DR. WILLIAM C. HARRELL received his M.D. degree in 1987 from the University of Southern California. He completed internship and residency in Internal Medicine as well at USC, and has been in private practice in Santa Monica since 1990, where he is affiliated with St. John's and Century Cities Hospitals. His interest in creating a bridge between conventional and alternative medical treatments has led Dr. Harrell to develop ongoing research and treatment programs to respond to the needs and interests of an increasingly sophisticated and informed patient population. His focus includes new integrative treatment approaches to cancer, nutrition, preventive medicine, and mind/body therapies such as medical hypnotherapy and energy medicine, as well as other modalities of complementary medicine. Also, Dr. Harrell conducts educational Wellness lectures and seminars, and is well known for his ability to clearly explain complex medical/scientific concepts to the layperson.

CONGER SEMINARS

Mailing Address:

2118 Wilshire Blvd. #935
Santa Monica, CA 90403

Office Phone:

310-453-0376

Email:

office@carolynconger.com

Website:

www.carolynconger.com